



## SOCCER AT ONEONTA



As an extracurricular activity after school every Wednesday, students learn soccer drills and techniques.

**Learn to:** kick, dribble and pass a soccer ball, throw the ball from the side lines, take shots at goal.

**Learn goalie techniques:** use hands to block the ball from going into the goal, take goal kicks etc

**Learn Team spirit:** Soccer is a team sport, everyone deserves a chance, look around for friends, learn to pass the ball often, don't try to do everything by yourself, be a part of a winning team!

Coach Salvador encourages students with positive encouragement and support.

The preschool class is from 3:15 – 4:00 p.m. and the elementary class is from 4:15 – 5:00 p.m.

The cost is \$ 45.00 per month for 4 lessons.

At the end of a 3 month course soccer certificates are handed out to all students.

