

MURPHY'S MINI SOCCER CHILD DEVELOPMENT

INTRODUCTION

Hello, my name is Coach Jack. I am a 26-year-old professional soccer coach from Leicester, England with 8 years of experience working with children aged 2-5. I have a passion for using soccer as a tool to support children's physical, social, and psychological development.

PHYSICAL DEVELOPMENT

- Balance: Children will learn how to maintain balance while running, turning, and jumping.
- Agility: Children will improve their ability to change direction quickly and smoothly.
- Coordination: Children will learn how to coordinate their movements and use their body effectively.
- Gross Motor Skills: Children will develop their overall physical abilities, including strength, endurance, and flexibility.

TECHNICAL SKILLS

- Dribbling: Children will learn how to control the ball with their feet and move it around obstacles.
- Passing: Children will learn how to accurately pass the ball to teammates.
- Shooting: Children will learn how to aim and shoot the ball towards the goal.

SOCIAL SKILLS

- Teamwork: Children will learn how to work together with their teammates to achieve a common goal.
- Communication: Children will learn how to effectively communicate with their teammates during the game.
- Leadership: Children will learn how to lead and inspire their teammates, making decisions and providing guidance when necessary.

SELF-CONFIDENCE

- Overcoming Challenges: Children will learn how to overcome obstacles and challenges, both on and off the field.
- Positive Self-Talk: Children will learn how to think positively and talk to themselves in a supportive and encouraging way.
- Resilience: Children will learn how to bounce back from setbacks and keep going even when things get tough.
- Self-Expression: Children will learn how to express themselves and be comfortable in their own skin.

SAFETY AND PROFESSIONALISM

- Police background checks and fingerprinting for all staff members.
- Sexual awareness certifications for all staff members.
- Child protection courses for all staff members.
- Up-to-date medical vaccinations for all staff members.
- Fully vaccinated against COVID-19
- Open communication channels with parents, teachers and other staff members of the preschool.

SCHEDULE AND LOCATION

Every Thursday morning
at Oneonta Montessori.
Wear your favorite sports
jersey!

SIGN-UP

- Fill out the registration form: Parents can download and fill out the registration form available at the preschool.
- Submit the registration form: Parents can submit the completed registration form via email or in person at the preschool.
- Pay for the season: Parents can pay for the season in cash or via Venmo at the preschool.

For more details, please reach out coachjackmurphy@gmail.com